

PARENTS

Are You Worried About Your Child?



PROJECT THRIVE is here to help.

Physical or emotional abuse. Community violence. Bullying. Serious illness or death in the family. Racism. These and other situations can be traumatic for your child, harming his or her mental and physical health and limiting success in school. Left unaddressed, childhood trauma can play out in a range of negative social behaviors, often into adulthood.

If your child is struggling in school (attendance, behavior, grades) or “acting out,” he or she may be struggling with one or more traumatic situations.

But there’s good news. If you live in Delaware, your child(ren) is/are in grades pre-K through 12, and you do not have access to professional mental health services, they are now available for eligible students through Project THRIVE.

FOR CHILDREN EXPERIENCING TRAUMA, PROJECT THRIVE OFFERS:

- Access to a local network of professional mental health providers
- Youth-centered strategies aimed at recovery and healing
- Tools for self-regulating emotions and behaviors
- Strategies to improve a student’s engagement in school

PROJECT THRIVE WILL HELP YOUR CHILD

- Process and understand traumatic situations
- Attend school regularly
- Better control emotions and behaviors
- Develop coping skills for managing stress at home and school

HOW IT WORKS

- Contact Project THRIVE
- Explore the possibilities for your child
- You choose a local mental health provider
- Your child engages in scheduled visits with the provider
- You collaborate with Project THRIVE to monitor progress

Learn more and get help:

dial 211 & press 5 to THRIVE

or text THRIVE to 898-211